

# END-OF-LIFE DOULA TALKS



WHERE & WHEN:  
SARANAC LAKE LIBRARY  
OCT. 17TH 6PM  
DEC. 4TH 12PM

WELLS MEMORIAL LIBRARY  
UPPER JAY, NY  
OCT. 23RD 6PM

KEENE VALLEY LIBRARY  
NOV. 18TH 7PM

End-of-life doulas represent a transformative answer to healthcare's gaps, particularly from advanced illness to end-of-life. This talk will highlight how doulas provide crucial emotional, spiritual, and practical support that traditional medical care often overlooks. By incorporating end-of-life doulas into the healthcare continuum, we can offer a more holistic and dignified approach to patient care. Join us to learn how these professionals are redefining end-of-life support and how you can access the services of a specially trained end-of-life doula.

## THE MISSION

As a Life Transitions Doula, Colleen recognizes how joy, loss, grief, and integration creates the fabric of our lives. It is Colleen's mission to alleviate the fear, overwhelm, and suffering associated with one of life's most significant passages, aiming to bring peace and comfort to the final moments. We can reshape the experience of dying, transforming it into a journey marked by compassion and understanding rather than fear and isolation.

## SPEAKING TOPICS

- What an end of life doula is- traditional and modern day
- Why end of life doula services are needed and what services are offered
- Who would benefit from this service and how

COLLEEN  
CORRIGAN

SPEAKER

SACRED EXPLORATIONS

[info@sacred-explorations.com](mailto:info@sacred-explorations.com)

518-241-6049